

Brown rice <Heating once>

[Ingredients]

*For the product for 1 go (1 go = Rice:150g)

Brown rice 1 go (=150g)

[Recipe]

1. Wash brown rice, put it in colander to let the water drain, put it into the pot, and soak it in an ample amount of water overnight.
2. Drain the water, return the brown rice into the pot, and add 300 ml of water.
3. Heat it on high. When the whistle begins to blow, heat it over low heat for 20 minutes, and turn off the heat.
4. Let it sit for 20 minutes.

[Ingredients]

*For the product for 2-3 go (1 go = Rice:150g)

Brown rice 2 go (=300g)

[Recipe]

1. Wash brown rice, put it in colander to let the water drain, put it into the pot, and soak it in an ample amount of water overnight.
2. Drain the water, return the brown rice into the pot, and add 540 ml of water.
3. Heat it on high. When the whistle begins to blow, heat it over low heat for 20 minutes, and turn off the heat.
4. Let it sit for 20 minutes.